



Participant Information

Date: _____

Participant's Name _____ Birth Date _____ / _____ / _____
MM DD YY

Address _____ City _____ Postal Code _____

Home Phone _____ Cell _____ Email _____

PLEASE READ CAREFULLY: WAIVER FORM

I freely acknowledge and realize the danger of participating in the fitness classes offered by Fit On 45th and CJR3 Inc. I fully assume all risks, including, but not limited to, the possibility of bodily injury as a result of these classes.

I take full responsibility for any of my actions and conduct during the class and for all risk associated therewith.

I hereby release, indemnify and agree to hold harmless Fit On 45th and CJR3 Inc. and all of its subcontractors or employees from any and all losses, damages, claims, demands, right and causes of action of whatever kind or nature, including reasonable solicitor fees, and including all negligence claims or causes of action, which may arise and which result from illness, personal injuries, property damage, death or of any other damages or injuries, not included herein, occurring or resulting from my participation in these classes.

I understand and accept that any medical cost incurred with regard to emergency medical treatment will be my responsibility. I am of legal age and fully competent and have read this document and fully understand it.

By signing this document you will waive certain legal rights, including the right to sue Fit On 45th and CJR3 Inc., all of its subcontractors and employees.

I CERTIFY THAT I HAVE READ THIS WAIVER AND FULLY UNDERSTAND ITS CONTENTS.

SIGNATURE: _____

Date: _____ / _____ / _____
DD MM YY

Fit On 45th

Phone: 780-720-1432 email: info@fiton45th.com FB: @FitOn45th Web: www.fiton45th.com

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal and provincial governments and federal and provincial health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Fit On 45th has done its best to put in place preventative measures to reduce the spread of COVID-19; however, Fit On 45th cannot guarantee that you will not become infected with COVID-19. Further, attending Fit On 45th could increase your risk of contracting COVID-19.

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you may be exposed to or infected by COVID-19 by attending Fit On 45th and that such exposure or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at Fit On 45th may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Fit On 45th employees and program participants.

You voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to yourself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that you may experience or incur in connection with your attendance at Fit On 45th ("Claims"). You hereby release, covenant not to sue, discharge, and hold harmless Fit On 45th, its employees, agents, and representatives, from the Claims. You understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Fit On 45th, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Fit On 45th program/class.

Signature _____

Date _____

Print Name _____